





As an avid fly fisherman, I spend much of my life with a fly rod in my hand. Not only in Iceland, where I live, but as luck may have it, anywhere in the world. Whenever things really go my way, like they did last year (2024 ed.), I'd be fishing both the blue waters of Costa Rica and the pristine rivers of Iceland (and lots of venues in between :) So lean back, grab a drink and join me on my journey through the 2024 season!



"As I travel back in my head and relive last year's experiences, I fall in love with fly fishing and the diverse landscapes that continue to inspire me all over again".





February

This is a month without fixed plans, giving me the freedom to venture into new adventures. It is the time for spontaneity, where anything is possible, and the next big catch could be just around the corner! That said, one has to remember to put in our hours at work. After all, this fishing doesn't pay for itself.







April and May

As winter begins to relinquish its grip on Iceland, a few trout fishing spots open up for the season. April is marked by the local pursuit of sea trout, mainly kelts making their way back to the sea after spawning and overwintering. While this tradition is beloved by many Icelanders, it doesn't captivate me. What does capture my full attention, however, is the allure of Lake Thingvallavatn and its massive, wild 'ice age' brown trout.

Lake Thingvallavatn is more than just a fishing spot; it's a geological wonder. Its crystal-clear waters are filtered through the surrounding lava fields, creating pristine conditions for fishing. But it's not just the clarity of the water that makes this lake unique – the lake is home to some of the largest completely wild trout in the world.

For over 20 years, I've been fortunate to fish the ION *beats – long before ION was even founded. These beats, responsible for around 90% of the trout caught in the lake, are particularly special due to the natural hot springs. These springs create warmer pockets, rich in food sources, which naturally attract the massive trout the lake is famous for.

Over the decades, I've landed over 1,500 wild brown trout here, including more than 20 weighing over 20 pounds, with the largest one pushing close to 40 pounds. Fly fishing with #5-6 nymphs and dry flies, often sight-fished, you can't blame me for spending my Icelandic spring in pursuit of these legendary fish, relishing every moment in this magical setting.

*The beats empty in the lake near the ION Hotel.





Late April, I head down to the north coast of Cuba to kick off May. Cuba feels like stepping back in time, far removed from the busy world I leave behind. With no cell phone reception, it's the perfect place to unplug and reconnect with nature and myself.

























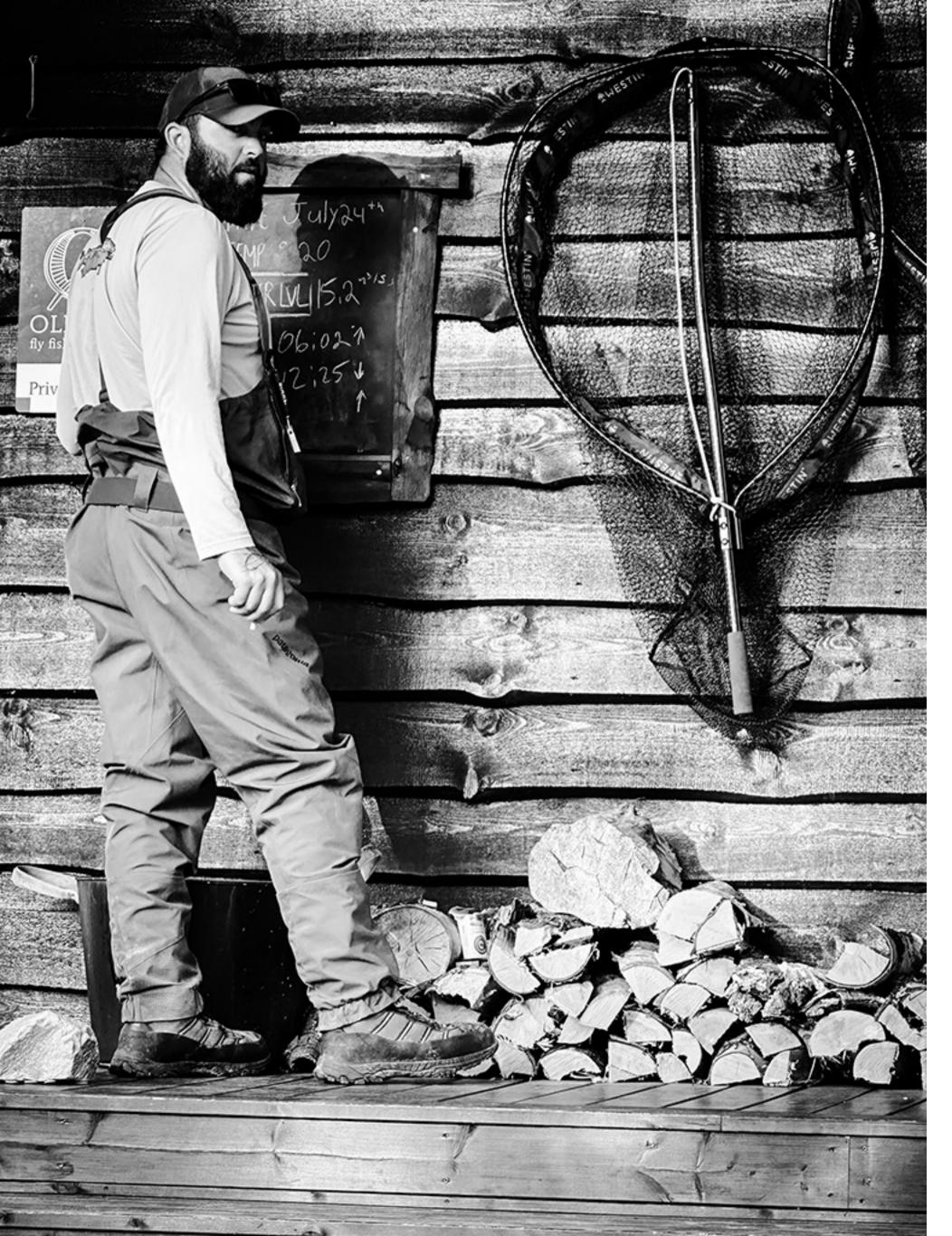








August 'the grey zone' In Iceland, August feels like a transitional month for salmon fishing. By now, most of the summer run fish will have entered the rivers, yet there are still solid runs in the eastern rivers. Regardless, the excitement isn't the same for me. While there are now many salmon around, their vibrant silver sheen has faded, leaving them in a more muted grey state as they prepare for spawning. They linger in this 'grey zone', not as active as they are in the lively months of June and July, yet still capable of surprising moments. SIMMS



Lakselva

To escape this *grey zone* in August, I have my yearly trip to the Olderø Lodge in Lakselva, Norway, for a week of prime time fishing for some of the largest salmon in the world. The perfectly sculpted pools are designed for fly fishing, easy to cover with a 12 to 13-foot rod. I love the simplicity of fishing with floating lines and hook flies for these monster salmon.

Lakselva is not a numbers game; it's a river of potential, with a nonzero chance of hooking a salmon weighing 50 to 60 pounds! It can be hard work, but the rewards are worth it.

hard work



I recall one unforgettable day when I hooked two salmon around 40 to 50 pounds from the same pool within half an hour — both winning their battle. This highlights the river's extraordinary possibilities.

What sets Olderø apart is its mostly private waters, which ensures minimal fishing pressure. The lodge's commitment to catch-and-release practices is commendable, and I often wish more of the river would join in the conservation efforts to protect this endangered species.





After my time in Norway, I head back to East Iceland to fish a little more or even guide other anglers. However, a break from the water may be a welcome chance to pause and reflect. It stirs a longing within me, intensifying my desire to be back on the river, just as we prepare to wrap up the salmon season and usher in the exciting sea trout season in September.





As said, when the salmon season ends, prime sea trout fishing begins. In recent years, our sea trout have gained international attention. While this has priced out many local anglers, it has drawn people from places like the UK, who are eager for world-class fishing just hours away.

Occasionally, I wrap up September with a trip to Malaysia, chasing sailfish. It's a completely different experience – no fish spotting electronics, just spotting seagulls following bait balls. Fly rods and teasing fish to the surface before casting to them, nobody knows what this is here. The simplicity of it however offers a refreshing and soul-nourishing change of pace. The fishing is great, the people are humble and friendly but beyond that, there is no luxury.



October

Sea trout fishing in Iceland continues until the 20th of October, but for me, by then the drive has faded. I usually receive an invitation to come to Scotland around this time, but more often than not, I can't seem to muster the energy to go. This year was no different. Instead, my thoughts turn to saltwater adventures. As we speak, I'm gearing up for my annual November trip, this time returning to Cuba for some thrilling flats fishing. Alongside that, I've penciled in a trip to Denmark and Sweden to chase pike-a nice change of pace.

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December

December is a time to step back from fishing and focus on my closest, cherishing the spirit of the season. But a few days chasing Louisiana redfish always fits in perfectly with the festive mood. Redfish offer a relaxing, low-stress kind of fishing. They're not overly clever. Sometimes I lose one only to hook it again in the same retrieve:) Everyone I've fished with finds it enjoyable, and it's a great way to wind down from a busy year. Perfect combo with some days in New Orleans.

That said, I have sneaked out before New Year's eve, spending the last days of the year fishing. It's a perfect way to ring in the New Year. One year, on December 31st, 2008, I was casting to a big permit just before heading to the lodge — didn't land it, of course:) But the next morning, on January 1, on my second cast I hooked a tarpon. That's the kind of happy ending and bell ringing I like!

So, as I wrap this up with New Year's fishing on my mind, I can't help but wonder what's in the cards for this year?



Nils Folmer Jørgensen

Originally from Denmark but a resident of Iceland since 2007, Nils Folmer Jørgensen lives and breathes fishing. A lifelong angler, his passion for fly fishing has taken him from the rivers of Iceland and the north to saltwater flats worldwide. Known for his expertise in targeting Atlantic salmon, wild brown trout, and tropical species, Nils is not just a fisherman—he's a true artist of the sport.

In Iceland, he's known both on and off the river, having landed 49 salmon over 100 cm to date. His innovative fly designs, including the Tin Tin, the Autumn Hooker, the Erna, and the Olive Ghost, are relied upon by anglers for their consistent success in Icelandic waters and beyond.

Beyond casting lines and catching fish, Nils has left a significant mark on the fishing industry, working with leading brands like Simms, Loop, Mustad, Scierra, Savage Gear, and Einarsson. From fly rods to apparel, his design work has elevated the angling experiences of countless enthusiasts and earned him six prestigious industrial design awards.

Nils is also an author, TV presenter, and speaker, inspiring others while advocating for responsible angling practices. For him, fishing is more than a career and hobby—it's a way of life shaped by adventure, creativity, and a deep respect for the waters he treasures.